

JAM Athletics Absence Request Form

"I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion."

Athlete Name: _____ Date: _____

Team: _____ Coach: _____

REQUESTING TO BE ABSENT: (Form must be turned in 14 days prior to absence.)

Begin Date: _____ End Date: _____

REASON: Understanding that absences are excused/unexcused as follows:

Excuses Absences

Contagious Illness
Death in Family
School Function that effects grade

Unexcused Absences

Injury
Homework
Traffic

Excuses Absences (w/approval)

Religious Observances
Summer Vacation
Rec or School Sports

I am requesting absence from practice for the following reason:

School Activity: _____

Vacation: _____

Other: _____

1. I understand that all-star cheerleading is a team sport and that I have committed to being a part of a team.
2. I am aware that my absence can and will impact my entire team's practice. I understand that my stunt and pyramid groups will not be able to practice as a result of my absence.
3. I promise to learn any new or changed choreography prior to my team's next practice.
4. I understand that unapproved absences may jeopardize my position on my team.

X _____
(Parent Signature)

X _____
(Athlete Signature)

X _____
(Coach Signature)

Approved: YES NO

Comments: _____

*** You will receive a copy of this form back within 3 days, letting you know if your time is approved.

NO ABSENCES WILL BE APPROVED DURING THE 2 WEEKS BEFORE ANY COMPETITION